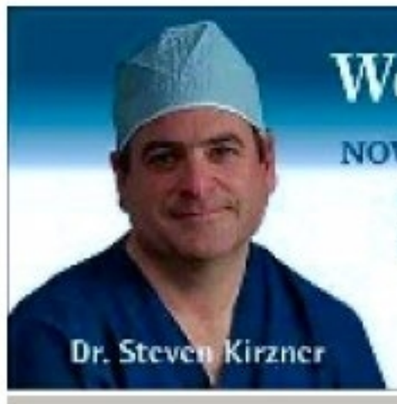

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'This is a big problem'

AFFORDABILITY CRISIS

105,600 residents are working poor, according to report

Matt Kieltyka
Metro | Vancouver

More than 100,000 Metro Vancouver residents live in poverty despite being employed, according to a new report.

The Canadian Centre for Policy Alternatives, with the United Way and B.C. Poverty Reduction Coalition, released a new report Wednesday that identifies 105,600 residents (8.7 per cent of the entire working-age population) among the region's working poor.

Based on 2012 data, the report defines those working in poverty as adults between the ages of 18 and 64 who earn at least $3,000 a year but not enough to exceed Statistics Canada's low-income measure of $16,968 for a single person and $33,936 for a family of two adults and two children.

The figure does not include students or adults who still live with their parents or other relatives, nor does it take into account the region's surging housing prices and cost of living.

This means the actual number of working poor is likely much higher, according to CCPA economist Iglika Ivanova.

"I think this is a big problem and one that is rising over time," Ivanova told Metro. "This is happening in one of the richest cities (in Canada) where we have the most wealth. We have huge income inequality that leads to low-paying service jobs to serve the very rich."

Ivanova said many of the report's findings buck traditional stereotypes of those living in poverty.

Not just a downtown Vancouver problem, suburbs like Richmond, Burnaby and Surrey have among the highest working poverty rates.,

Neighbourhoods in cities like White Rock, Langley and Maple Ridge saw working poverty rates increases of more than 30 per cent between 2006 and 2012.

Forty-two per cent of the region's working poor are parents with dependent children.

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Legacy of dispossessed Japanese baron lives on

HISTORY

UVic, Nikkei museum acquire heirlooms

Matt Kieltyka
Metro | Vancouver

Eikichi Kagetsu dined with royalty, built up a logging empire in British Columbia, employed hundreds of people and established himself as a leader in the Japanese Canadian community.

All that was taken away during the Second World War, when the federal government's racist wartime policies against those of Japanese heritage saw Kagetsu dispossessed of his properties (to be sold off at a fraction of their worth) and sent to an internment camp.

His legacy, though, will live on after his surviving family recently donated more than 90 kilograms of historical heirlooms, including photos, manuscripts and journal entries, to the Nikkei National Museum & Cultural Centre in Burnaby.

The museum has partnered with University of Victoria researchers and their Landscapes of Injustice project to preserve the family's history, study the artifacts and share Kagetsu's story with the public.

Kawamoto Reid holds a pre-war studio photograph of Eikichi Kagetsu. (Date of pre-war photograph: unknown at this time.) COURTESY KAITLIN FINDLAY/UNIVERSITY OF VICTORIA

> It's a powerful story that someone lost so much after he had accomplished so much.
> Jordan Stanger-Ross

"In some ways, (Kagetsu's) story is typical. But certainly it's a powerful story that someone lost so much after he had accomplished so much," said UVic historian Jordan Stanger-Ross, director of Landscapes of Injustice. "He would be one of the wealthiest Japanese Canadians at the time of the dispossession."

Kagetsu's Vancouver Island lumber and oyster businesses, along with his rail line, downtown Vancouver office and homes in Kerrisdale and West Vancouver, are valued at millions in today's dollars, according to UVic.

The scale of loss raises questions about the long-lasting, multi-generational consequences of Canada's policies, Stanger-Ross said.

Nikkei National Museum director-curator Sherri Kajiwara said Kagetsu's family moved to Toronto after the war before eventually settling in North Carolina.

His late son, Jack, made it his life's goal to collect archival information on his father and first arranged to donate the collection to the museum before his death in 2006.

Years later, his dream has become reality.

Kajiwara and research archivist Linda Kawamoto Reid returned from the family's home in North Carolina with dozens of bankers' boxes of historical documents and have begun the process of preserving and digitalizing the information.

"Jack had been very meticulous," said Kajiwara. "I think it is the photographs that tell the biggest story. The family recognizes we are the one place where their story would be preserved and shared with the public."

The seven-year Landscapes of Injustice public history project, which is one of the largest in Canada and involved 15 partner organizations, gives the museum access to scholars to analyze the collection and those of other dispossessed Japanese Canadian residents at the time, Kajiwara said.

The artifacts will become part of a cross-country touring museum exhibit in 2021.

REAL ESTATE

Council calls for steeper measures

A panel struck to restore faith in British Columbia's besieged real-estate industry is calling for hefty fines of up to $500,000 for misconduct and measures to end aggressive sales tactics.

The advisory group was launched by the Real Estate Council of B.C. in February amid allegations that some agents were deceiving clients to rack up commissions and inflate prices in Metro Vancouver's overheated housing market.

The panel released a sweeping report on Tuesday with 28 recommendations, including that the province hike maximum misconduct fines to $250,000 for individual Realtors and $500,000 for brokerages — a significant increase from the current maximum fines of $10,000 and $20,000.

It's also calling for a ban on agents representing buyers and sellers in the same transaction, for any profits received from misconduct to be returned to the client, and for a confidential hotline for whistleblowers to report complaints.

The real estate council is the industry-funded body that oversees licensed real estate agents in B.C. It's currently made up of 14 industry members and three government appointees, and the panel recommended Tuesday that the portion of government appointees be increased to 50 per cent. THE CANADIAN PRESS

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Severe heat a 'silent killer'

STUDY

Unemployed, poor are more vulnerable to high temps

David P. Ball
Metro | Vancouver

Be careful wishing for more sizzling summers. For Vancouver's poor and unemployed, soaring temperatures that come with climate change could be deadly.

A new study suggests that more economically vulnerable neighbourhoods in Metro Vancouver have the highest death rates during extreme heat waves.

And according to B.C. Centre for Disease Control scientist Sarah Henderson, who co-authored the study in Environmental Health Perspectives journal, the findings could help protect people from more frequent extreme heat — such as by planting more trees in heat-absorbing highly paved areas, and educating residents about drinking more water during heat waves.

Neighbourhoods that become "urban heat islands" can also see more deadly heat waves when combined with unemployment. DARRYL DYCK/THE CANADIAN PRESS

> "We hope to help prepare the population for decades to come, so we don't have 110 excess deaths over seven days again."
> Sarah Henderson

"Heat is a silent killer," explained Henderson, an assistant professor at the University of British Columbia's School of Population and Public Health, in a phone interview. "You don't see it, but from a public health perspective it has a really big impact."

The study used an index of economic vulnerability developed with the region's chief medical officers — the Vancouver Area Neighborhood Deprivation Index (VANDIX) — and mapped it over the hottest-temperature areas, known as "urban heat islands," from 1998 to 2014.

In the hottest year, 2009, a weeklong heat wave where the humidex approached 35 C coincided with 110 deaths above the normal.

"If those people would have died of H1N1," she added, "it would have been on the news."

The worse-off neighbourhoods for heat deaths, the study found, tended to be those with less green space or tree cover — and ones with higher unemployment or more retirees. The Downtown Eastside was particularly high, but also parts of New Westminster, Surrey and Abbotsford.

"Possibly what's happening is those people are home all day during really hot weather; they're not getting out to air-conditioned environments or shade in the streets," Henderson said.

Henderson warned that, as the world's climate changes, scientists predict the problem will likely worsen.

"They'll be hotter, last longer and be more frequent," she said. "We hope to help prepare the population for decades to come, so we don't have 110 excess deaths over seven days again."

JOYCE-COLLINGWOOD

Council approves station's new plan

After taking heat from some residents of the neighbourhood surrounding Joyce-Collingwood SkyTrain station, Vancouver council voted Tuesday to approve the city's neighbourhood development plan — but admitted many concerns remained.

The Joyce-Collingwood Station Precinct Plan would pave the way for 2,800 new residents in the area, one of the most ethnically diverse and dense in the city. The proposal would see density ramped up near the SkyTrain, and gradually reduced "as you radiate away from the station," explained Coun. Raymond Louie.

But after residents of the area voiced concerns about the community consultation process, Vision Vancouver's Louie said he'd heard them "clearly and loudly" — including fears that small "mom and pop" retailers might be driven out of business by larger stores attracted to the redeveloped hub.

DAVID P. BALL/METRO

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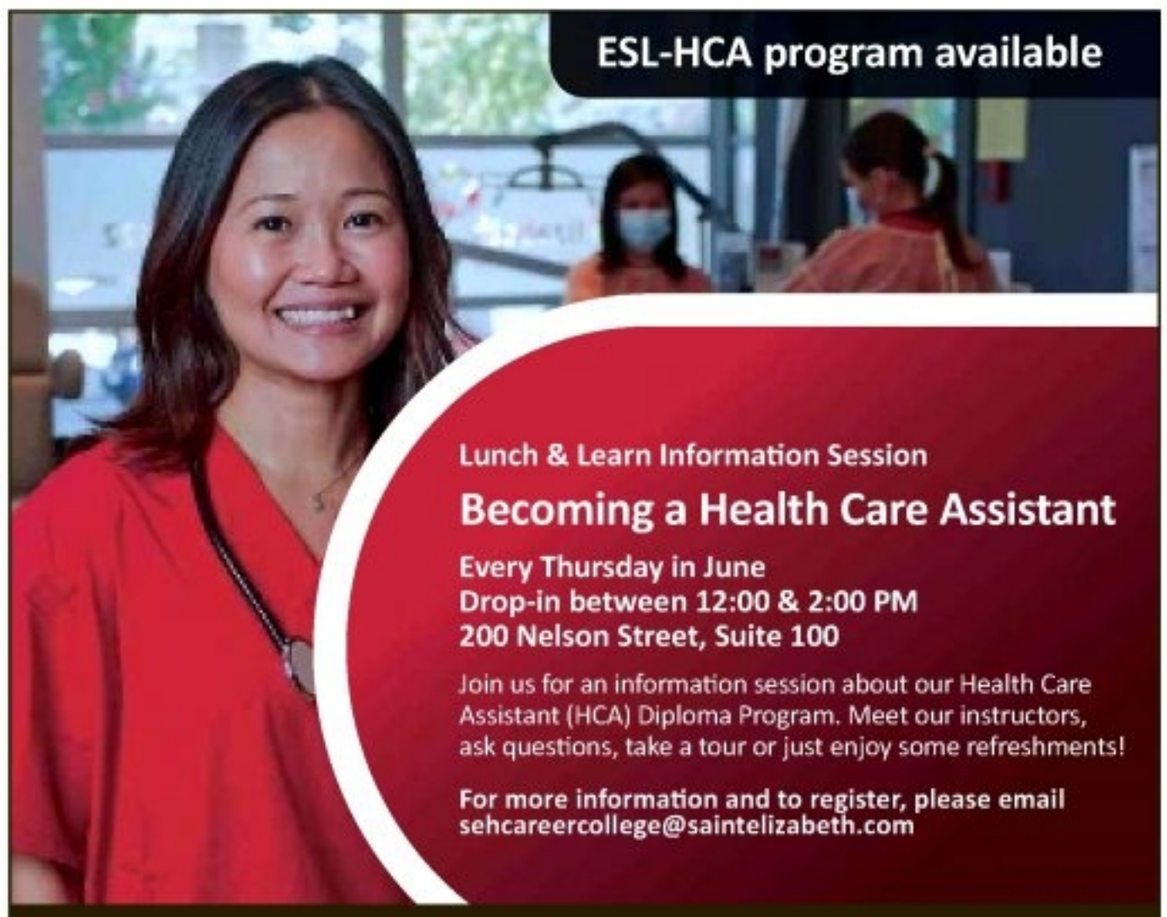

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Local businesses put moms in charge

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Beluga Baby is just one in a sea of local businesses run and owned by moms. They're not mompreneurs. They're entrepreneurs, who, yes, happen to have children. (You wouldn't call Steve Jobs a "dadpreneur" would you?)

Parents are increasingly fed up with cheaply made, overpriced goods from big box stores. Not only are they wary of the products themselves — where and how they were made — they are becoming conscious of a global movement to shop local.

But buying local is not just a socially conscious decision. Vancouver's lower mainland has an incredible amount of homegrown business that have reached far beyond the "mom who crafts" stereotype. These are legitimate businesses that produce luxury goods, locally.

"I think people think of us as moms with hobbies. What people are starting to realize is that this is an industry and shopping local supports our economy on multiple levels," says Amanda Toth, founder of Bébé De Luxe, a luxury line of bath products for babies, made in Vancouver.

"This is a new generation of moms," says Haley, founder of Beluga Baby. "A generation that wants it all. Time with their children, financial freedom, a creative outlet and the ability to call the shots when it comes to their business. They're not waiting for someone to hand them a dream job; they're reaching out and creating it for themselves."

What makes these companies great is that their founders are themselves part of their own target market. As parents themselves, these entrepreneurs know exactly what other parents are looking for. There's no need for guesswork — they nail it every time.

And shopping local is fun! With the weather getting nicer, markets and pop up shops are happening all across the lower mainland. The best way to find out when and where these markets are happening is to follow local brands on Instagram. And get there early! All the best products sell out quickly.

Here are a few local shops with products that are "must-haves" for every new parent.

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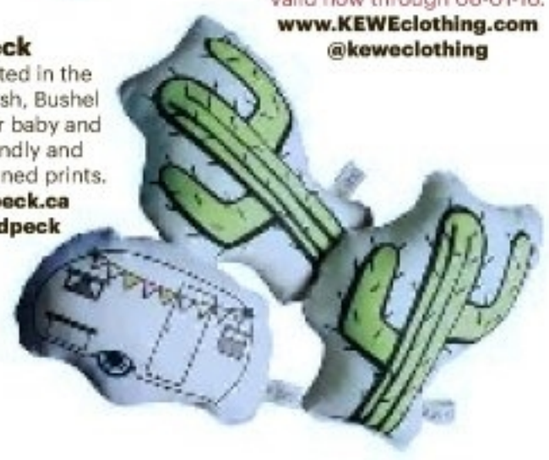

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Extradition in Todd case OK'd

CYBERBULLYING

Dutch man to face extortion, luring charges in Canada

The mother of British Columbia teenager Amanda Todd says she feels numb but happy that a Dutch court has approved the extradition of a man implicated in her daughter's suicide following relentless cyberbullying.

Carol Todd said learning that Aydin Coban will be sent to face charges in Canada transported her back to October 2012, when her 15-year-old daughter took her own life after Coban allegedly posted nude photos of her online.

"It's brought me back emotionally, to ... when Amanda passed away. It's really emotional," Todd's mother said Tuesday in a phone interview from Denver, Colo., where she was attending a job-related conference.

Carol Todd and her daughter Amanda. THE CANADIAN PRESS

"I'm numb, but I'm excited that we've been able to get this news today," she said. "I'm really glad that we've reached this step."

The Dutch justice minister must now sign off on the court's approval, though Coban's won't be extradited until after a separate criminal trial in the Netherlands on 72 charges of sexual assault and extortion.

If he is convicted in the Netherlands, Coban could be extradited to Canada for prosecution while still serving his initial sentence, the Dutch prosecution service has said. Any sentence arising from the Canadian proceedings would likely be served in the Netherlands.

In Canada, Coban faces five charges connected to 15-year-old Todd from Port Coquitlam including extortion, possession of child pornography and attempting to lure a child online.

Todd's mother said she hopes the Dutch court's extradition ruling sends a message to other accused predators that they will be held to account for any criminal behaviour online no matter where it occurs.

However, she expressed frustration at the setbacks in court proceedings.

"I only hope that it gets done because there are other families and kids that are involved in this," she said."It's important that it's all done right.

THE CANADIAN PRESS

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MISSISSAUGA, ONT. HOME EXPLOSION ROCKS GREATER TORONTO AREA One person has died in an explosion that levelled one home and damaged at least two dozen others in Mississauga, Ont., west of Toronto. A Peel paramedic spokesman said Tuesday night that a woman died at the scene and about a dozen other people were treated for minor injuries. He said none of the injured had to be taken to hospital. NATHAN DENETTE/THE CANADIAN PRESS

Visa rules changing

POLITICS

In turn, Mexico will import Canadian beef

Canada will lift its controversial visa requirement for Mexican visitors before the end of the year, while Mexico has agreed to end long-standing restrictions on Canadian beef imports, Prime Minister Justin Trudeau said Tuesday.

Although both changes are still months away, Trudeau and Mexican President Enrique Peña Nieto expressed satisfaction that the two main irritants in their bilateral relationship would be removed, paving the way for deeper co-operation.

"This move will make it easier for our Mexican friends to visit Canada while growing our local economies and strengthening our communities," Trudeau told a news conference on Parliament Hill, Peña Nieto standing alongside.

Ending Mexican restrictions on Canadian beef, a lingering side-effect of long-standing fears over mad-cow disease, "will support Canadian farmers and Canadian families," he added.

The visa requirement will be lifted by Dec. 1, while the beef ban ends in October.

The previous Conservative government imposed visas in 2009 to stop thousands of asylum claims being made by ineligible Mexican citizens — a controversial move that has stood as the major irritant between the two countries. The visiting Mexican president was clearly happy to see its demise.

"Since 2009, this barrier has been set, but today thanks to a great political will, we are overcoming such a barrier," Peña Nieto said in Spanish.

Conservative immigration critic Michelle Rempel said in a statement that Trudeau was making "a political decision that puts the security of Canadians at risk" by lifting the visa.

THE CANADIAN PRESS

MARVEL

Trudeau's comic book debut

Justin Trudeau in comic book form. THE CANADIAN PRESS

Make way, Liberal cabinet: Prime Minister Justin Trudeau will have another all-Canadian crew in his corner as he suits up for his latest feature role — comic book character.

Trudeau will grace the variant cover of issue No. 5 of Marvel's Civil War II: Choosing Sides, due out Aug. 31.

Trudeau is depicted smiling, sitting relaxed in the boxing ring sporting a Maple Leaf-emblazoned tank and red boxing gloves. Standing behind him are Puck, Sasquatch and Aurora, who are members of Canadian superhero squad Alpha Flight.

"I didn't want to do a stuffy cover — just like a suit and tie — put his likeness on the cover and call it a day," said award-winning Toronto-based cartoonist Ramon Perez.

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Suicide attacks kill dozens in Istanbul

ATATURK AIRPORT

Daesh suspected in bombings that also wounded scores of others

Three suspected Daesh suicide bombers targeted the international terminal of Istanbul's Ataturk airport Tuesday, killing at least 36 people and wounding many others, Turkish officials said.

Turkish Prime Minister Binali Yildirim said 36 were dead and Justice Minister Bekir Bozdag said 147 were wounded. Another senior government official, who spoke on condition of anonymity in line with government protocol, told The Associated Press the death toll could climb much higher.

Yildirim said three suicide bombers were responsible for the attack and all initial indications suggest the Daesh group, also known as ISIS or ISIL, was behind it.

He said the attackers arrived at the airport in a taxi and blew themselves up after opening fire.

The victims included some foreigners, he said, adding that many of the wounded have minor injuries but others are more badly hurt.

Another Turkish official said two of the attackers detonated explosives at the entrance of the international arrivals terminal after police fired at them, while the third blew himself up in the parking lot.

The official, who also spoke on condition of anonymity, said none of the attackers managed to get past security checks at the terminal's entrance.

Turkish airports have security checks at both the entrance of terminal buildings and then later before entry to departure gates.

Hevin Zini, 12, had just arrived from Duesseldorf, Germany, with her family and was in tears from the shock.

"There was blood on the ground," she told The Associated Press. "Everything was blown up to bits.... If we had arrived two minutes earlier, it could have been us."

Two South African tourists, Paul and Susie Roos from Cape Town, were at the airport and due to fly home at the time of the explosions.

"We came up from the arrivals to the departures, up the escalator when we heard these shots going off," Paul Roos said. "There was this guy going roaming around, he was dressed in black and he had a hand gun."

Yildirim said air traffic at the airport, which was suspended after the attack, had resumed to normal.

He suggested that the attack was linked to what he said was Turkey's success against Kurdish rebels as well as steps Ankara took on Monday toward mending strained ties with Israel and Russia. THE ASSOCIATED PRESS

+ OTHER ATTACKS

Turkey has seen several bombings in recent months linked to Kurdish or Daesh militants.

- **The bombings include** two in Istanbul targeting tourists — which authorities have blamed on Daesh.
- **The attacks have increased in scale and frequency**, scaring off tourists and hurting the economy. THE ASSOCIATED PRESS

1 **Distraught survivors of the attack** leave Ataturk, Turkey's largest airport. GETTY IMAGES

2 **Emotional passengers who survived the attacks cry** as they leave Ataturk airport in Istanbul. GETTY IMAGES

3 **Turkish police block the road** as relatives of the passengers wait outside Ataturk. GETTY IMAGES

REFERENDUM

Of all the scenarios to block Brexit, one seems most likely

As continental powers pressure a nervous Britain to formally apply to exit the European Union, die-hard "remain" supporters are taking on the mission to put the brakes on the so-called Brexit.

But between the vagaries of Britain's unwritten constitution and the determination of the losing side to stay in the EU, lawyers, lawmakers and "remain" activists see room for hope.

Here are some of the suggestions from the pro-EU camp on how Britain could end up staying in the bloc, and an evaluation by Gavin Barrett, an expert on European constitutional law at University College Dublin:

IGNORING THE REFERENDUM

Parliament has no explicit legal obligation to implement the referendum's decision. Conceivably, elected representatives in Westminster could just ignore the electorate's verdict and opt to stay in the EU.

But Barrett says the idea that lawmakers could shrug off the popular vote altogether is fanciful. "On a likelihood scale, I'd say zero per cent," he says. "Governments cannot simply ignore the directly expressed will of the people."

INVOKING A SCOTTISH VETO

Britain's Parliament cannot normally legislate on Scottish matters without the assent of Scotland's staunchly pro-EU parliament in Edinburgh. Given that a withdrawal from the 28-nation bloc would likely mean quashing the application of EU laws in Scotland, some argue that gives Edinburgh a veto over the final decision.

So what are the chances that the Scots will ride to the rescue of England's pro-EU minority?

"Zero per cent as well," says Barrett. "Under the British constitutional system, Westminster is sovereign at the end of the day."

HOLDING A SECOND REFERENDUM

What if, instead of a do-over, the referendum were presented as a choice between the EU membership Britain has had until now and whatever new deal governing trade relations it could secure in its exit negotiations with the bloc.

Barrett predicted that any exit deal negotiated by Britain would be "bound to be inferior" to what the U.K. had before — and that EU powers would put aside their pride to welcome a wayward Britain back into the bloc. Of all the possibilities, he said, "I'd put my bet on that." THE ASSOCIATED PRESS

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Better pension plan not for all

RETIREMENT

Public sector employees already have secure plans

The tentative deal for an improved Canadian Pension Plan will help thousands of young Canadians better prepare for retirement, but not everyone needed the help.

Ian Lee, a professor at Carleton University's Sprott School of Business, says workers with generous defined benefit pension plans, including many government and public sector employees, were already on course for a secure retirement.

Lee called the enhancement of the CPP an "squandering of resources" because reports suggest only around 15 to 20 per cent of Canadians are ill-prepared for retirement.

THE CANADIAN PRESS

> "We're using resources ... on a problem that doesn't exist for 80% of the population
>
> Ian Lee

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metro VIEWS
Your essential daily news
Wednesday, June 29, 2016

ROSEMARY WESTWOOD
ON THE RETURN OF A RALLYING CRY

There's no reason to why Canada should consider itself immune to what caused the "Leave" vote

Let's begin on this basic agreement: Brexit was not about the crazies.

There aren't 16 million nut jobs in the U.K.. You might not know it by the liberal media's gleeful embrace of remorseful "leave" voters who couldn't believe their side actually won, or its thrilled reporting on the millions of Brits who Googled "What's the EU?" late Thursday night. And you certainly wouldn't know it by the outrage and shock across the world last Friday after the results were reported.

That shock echoes much of America's utter inability to accept Donald Trump as the Republican presidential nominee (still). And to me, the astronomical level of surprise in both nations has been by far the most surprising — and disturbing — part. How could so many of us be so egregiously ignorant?

It feels like a wave of isolationist nationalism is ballooning across developed nations. One that seems driven by a sort of rediscovery of an ignored working class and its place in the globalized economy. And there's no reason why Canada should consider itself immune.

Not all agree. Michael Hart, a professor emeritus of trade policy and foreign affairs at Carleton University, dismissed the idea that Brexit was about globalization at all. Actually, he called the idea "nonsense." The referendum, he told me, was about "anti-Brussels and anti-EU" sentiment. It was a rejection of the deep political, economic and judicial integration across Europe.

"A lot of people said: All we're doing is saying we're going to be a sovereign country again, negotiate new trade and investment relations," he said.

What about the headline-grabbing immigration debate and underlying xenophobia, I pressed. But he brushed off both, blaming "a lot of ignorant people in the media."

But claiming little substantial xenophobia in a vote championed by far-right UKIP leader Nigel Farage is like arguing Donald Trump is a self-made man: Wanting it to be true doesn't make it thus. Of course a vote for sovereignty is wound up in nationalism, and nationalism and racism are hopelessly entwined.

Acknowledging this doesn't discredit other motivations for "leave" ballots. In a Guardian article this week, one writer argued the referendum was no surprise, after he traveled through the northern, less populated, far less wealthy parts of England that voted to leave. Nor does it disparage such economic worries to note some basic facts illuminated by the polls: "Leave" voters were, generally speaking, older, less educated, and less wealthy.

Perhaps, as Hart argues, these voters were motivated by sovereign worries, but how angry about that would they be if they believed integration was bettering their lives?

That's why, according to a recent Bloomberg story, analysts at Deutsche Bank and Merrill Lynch have admitted in their reports that the working class in the U.S. and the U.K. might be fed up with getting the s–t end of the capitalist stick. Most important, they say: These people left out of global capitalism's benefits still hold enough political power to upend the European order and potentially thrust Donald Trump into the White House. Just as raging lefties I know were forced to bring a barf bag to the referendum polls, where they aligned themselves with David Cameron, raging capitalists are now being forced to align themselves with the likes of Bernie Sanders in admitting we may have a problem here.

And likely here, in Canada.

"We should not feel complacent about Trump and Brexit, and we should not be just laughing at people who support Trump or voted for Brexit," Diana Brydon, the Canadian Research Chair in Globalization and Cultural Studies, told me.

We may have multiculturalism, plus a deep historic dependence on both immigration and global trade, but that doesn't mean people here aren't also afraid that growing international interconnectedness is loosening their control over their own lives.

Both Brexit and Trump are about a fear of change, a loss of autonomy, and "distrust of what are called elites and distrust of governance systems," she added.

Some are now slamming those same elites for ignoring that exact fear. But if the "Eurocrats, party leaders, academics and pundits" can now be chastised by the Globe and Mail's Margaret Wente for "not understanding their own people," so too should all surprised Americans, and, probably, so should we.

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Three Amigos must make moral case for trade

Steve Rennie
Metro | Ottawa

Today, they are amigos. Next year, who knows?

The bonhomie between Prime Minister Justin Trudeau, U.S. President Barack Obama and Mexican President Enrique Peña Nieto will be on full display when the three leaders gather in Ottawa today for one of their annual meetings. For now, the three North American leaders agree more than they disagree, most notably, on easing trade barriers.

It is hard to imagine that will be the case when Trudeau and Peña Nieto meet with either Hillary Clinton or Donald Trump at their next gathering.

Both U.S. presidential hopefuls — particularly Trump — are considerably more anti-free trade and inward-looking than Obama. Protectionist rhetoric always heats up during election campaigns, as candidates try to win over voters who are angry about the state of their economy. But this time there seems to be more to it. The populist messages of Trump and Clinton rival Bernie Sanders clearly struck a chord with large numbers of both Republican and Democrat voters. Clinton now opposes the Trans-Pacific Partnership — a trade deal she supported when she was U.S. Secretary of State — and she has distanced herself from the North American Free Trade Agreement.

Obama, Trudeau and Peña Nieto will likely talk about why it's better to break down trade barriers than to erect them. But that message will be a tough sell against the backdrop of a U.S. election campaign in which the candidates are openly deriding international agreements. And, even though Obama is racing against the clock to seal the TPP deal before he leaves the White House in January, he knows full well that whoever succeeds him is bent on undoing as much of the pact as possible.

The meeting runs the risk of being seen as an exercise in futility unless Trudeau and his amigos can make a pro-trade case that goes beyond the usual path-to-prosperity stuff. Trump's rise, Clinton's pivot, and the anti-internationalism that propelled the U.K. Brexit vote all show that large segments of the population aren't buying that line anymore.

There are ways to make such a case. To take just a couple of examples from yesterday's preliminary talks, Trudeau and Peña Nieto agreed to increase the number of student exchanges and they talked about how the countries could assist each other in addressing the plight of indigenous peoples.

The leaders would do well to emphasize such human-scale initiatives. They carry moral weight. They reveal important, under-discussed dimensions of multilateral cooperation. They can amount to a corrective to anti-trade cynicism.

If this is indeed the last waltz for these like-minded amigos, they need to make it count.

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Prince Harry takes up Princess Diana's fight against AIDS, will speak at conference in South Africa

Ramadan's many meanings

CULTURE

Young Muslims forge their own traditions during the holy month

Genna Buck
Metro Canada

"It's one of the best times of the year."

That's how Asma Hasnat, a 26-year-old college student from Toronto, feels about Ramadan.

During the religious festival, which falls from June 6 to July 5 this year, Muslims abstain from eating, drinking (and having sex, among other things) from sunrise to sunset.

But not all Muslims observe Ramadan the same way.

"It's good to not fast in a way where you just starve yourself from morning to evening," Hasnat said. "Fasting for me has been more about character development."

"(It's) a great time to discipline yourself: not only not eating and drinking, but also holding your tongue back in a moment when you want to say something wrong."

Her view was echoed by Rizwan Mohammad, 35, advocacy co-ordinator for the National Council of Canadian Muslims. He said his personal experience of Ramadan — with family visits, a prayer on the night of the new moon, and daily breakfasts at 3 a.m. — is "a little more traditional."

But that's not true of participants in the weekly drop-in group he leads for young Muslims in the suburbs of east Toronto. They've dubbed themselves Beyond Belief, and many members are what Mohammad calls "unmosqued": They don't belong to a particular faith community, but still want to "try to find a way to revisit their spirituality," during Ramadan.

He's not sure how many people in the group, or his wider social circle, fast according to the traditional rules.

"I see a whole spectrum of observance during Ramadan," Mohammad said.

People who typically don't pray or attend a mosque may start, he said. Siblings make a point to spend more time together. Some people renew their commitment to social justice causes, or "fast" from their favourite movies or music.

Others choose not to go to night prayers at their local mosque, but do come for the free post-fast meal and stay late into the night to enjoy the fellowship.

Mohammad rejects what he calls a tendency to "flatten" Ramadan and make it only about fasting and showing solidarity with the poor and hungry.

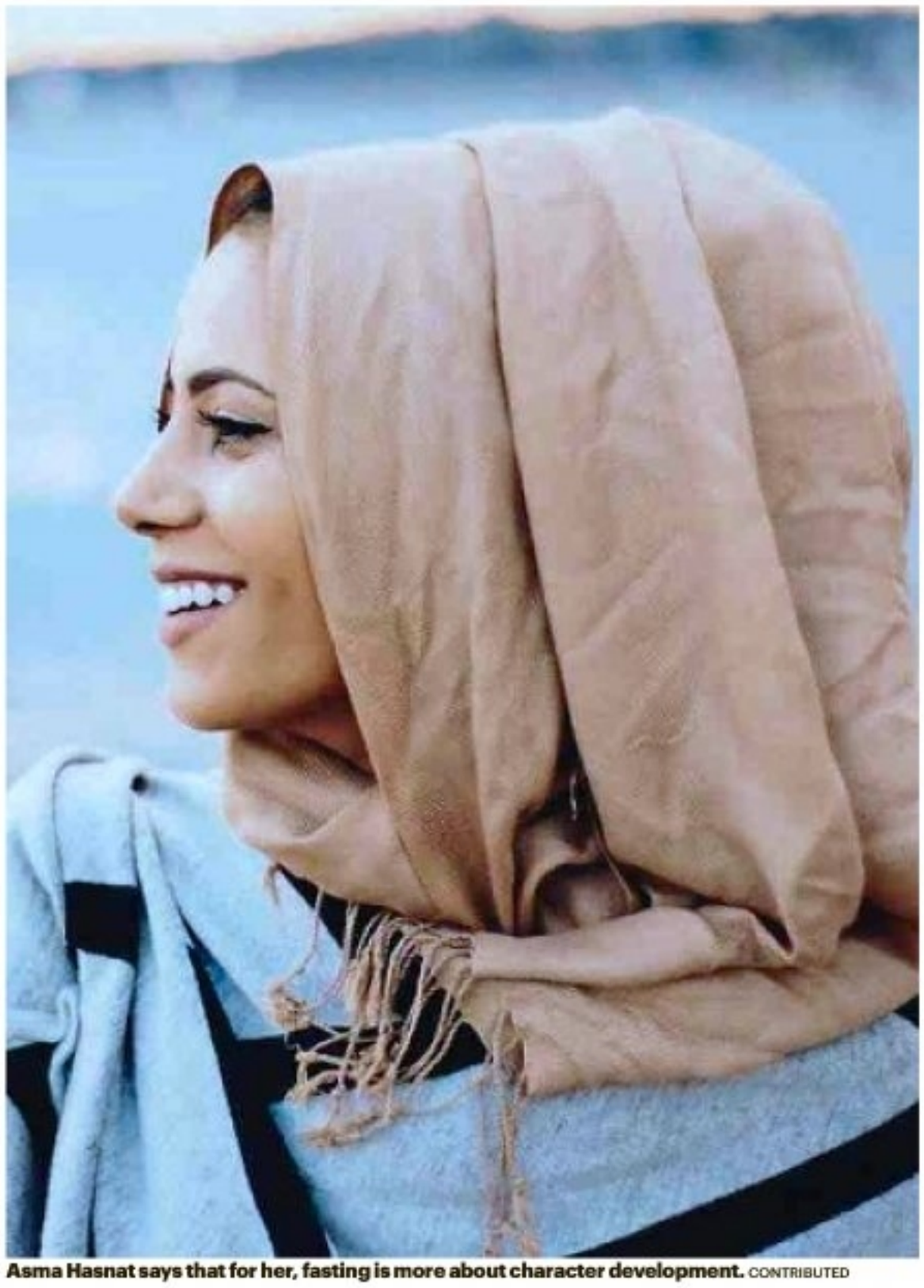
Because in addition to being about sacrifice, Ramadan is also a lot of fun: because of its focus on family time, charitable giving, feasting and togetherness.

Mohammad quoted a saying of the Prophet Muhammad, Islam's holiest figure, as evidence that the holy season is about more than abstinence: "Some people get nothing from fasting but starvation and thirst."

WIDE SPECTRUM OF OBSERVANCE

Rizwan Mohammad says he sees a "whole spectrum" of observance during Ramadan. Some people may spend more time with family, renew their commitment to social justice causes or 'fast' from favourite movies or music.

Rizwan Mohammad



Asma Hasnat says that for her, fasting is more about character development. CONTRIBUTED

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Eat like the first Canadians

These Nish Kabobs are made of venison with a birch syrup glaze. COURTESY DAVID WOLFMAN

RECIPE

David Wolfman shares an aboriginal-inspired dish

Liz Brown
Metro | Canada

A member of the Xaxli'p First Nation in B.C., chef David Wolfman is an internationally recognized expert in wild game and traditional aboriginal cuisine.

He has fond childhood memories of his mother whipping up feasts for visitors. "When people came over, the first thing we'd do is head to the kitchen and she'd go and make food for everyone. Sharing was always important to us. It's what I do now, I share knowledge and food. That's what the elders have taught me," he says.

For Canada Day, he shares a recipe with Metro using some quintessentially Canadian ingredients: venison (deer meat) and birch syrup. If you can't procure wild game, beef or pork will suffice.

Need birch syrup? You can order it online at wildfoods.ca.

Wolfman dubs the recipe 'Nish Kabobs,' a playful riff on Shish Kabobs. "Nish is a slang term for Anishinaabe," says Wolfman.

Anishinaabe is an umbrella term used to describe some groups of First Nations in Ontario, Manitoba and Quebec.

Nish Kabobs with Birch/ Balsamic Glaze
Makes 4 portions.
Ingredients:
- 1/2 tablespoon crushed black peppercorns
- 2 teaspoons fresh rosemary, chopped
- 1 teaspoon fresh thyme, chopped
- 2 garlic cloves, minced
- 1 teaspoon Dijon mustard
- 2 tablespoons balsamic vinegar
- 2 tablespoon packed brown sugar
- 1 tablespoon olive oil
- 3 tablespoons soya sauce (or tamari, a gluten-free soya sauce)
- 3 tablespoons lime juice
- 1/2 teaspoon salt
- 1 teaspoon birch syrup
- 12 oz venison/deer tenderloin, cut into 1-1/2 inch long strips
- 1 tbsp olive oil

Directions:
1. Soak eight wooden skewers in warm water for 30 minutes

2. In a stainless steel bowl, mix peppercorns, rosemary, thyme, garlic, Dijon, balsamic vinegar, brown sugar, olive oil, soya sauce, lime juice, salt, and birch syrup; mix well.

3. Divide mixture into two and place half the mixture in a saucepan and simmer on very low heat for 15 minutes, strain and reserve.

4. With the remaining mixture add the venison/deer and turn to coat evenly; let marinate at room temperature for 1 hour.

5. Drain and discard marinade. Thread deer/venison onto wooden skewers.

6. Slightly brush with olive oil and grill over medium-hot heat or broil 2 minutes per side, turning occasionally and do not over cook.

7. Garnish skewers with the reserved glaze

VISIT COOKINGWITHTHEWOLFMAN.COM FOR MORE RECIPES

INTO THE WOODS SMOOTHIE

A refreshing treat for Canada Day
This is a quick recipe for a tasty smoothie featuring ingredients indigenous to Turtle Island — a name that many First Nations use to refer to North America. And no, there are no turtles in this recipe!

Ingredients
- 1 cup (250 mL) fresh or frozen blueberries
- 1 cup (250 mL) maple water
- 1 avocado diced
- ¼ cup (60 mL) pecans
- 1 tbsp (15 mL) maple syrup
- 2 tbsp (30 mL) sunflower butter

Directions
Combine all ingredients in a blender and blend until smooth. Makes two servings. DAVID WOLFMAN

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A patriotic beer battle to savour

We pit Budweiser America against Molson Canadian for a taste test. TORSTAR NEWS SERVICE

TASTE TEST

We pit our nationalistic brew against liquid 'America'

Ariel Teplitsky
Torstar News Service

For the duration of the summer, Budweiser has changed its name on bottles and cans sold in the United States to "America," tapping into patriotic sentiments in a high-stakes election year.

"America is in your hands" makes a great slogan for encouraging Americans to vote, but more likely it's just going to get them to buy more Bud.

This temporary rebranding has led to a predictable stream of media mockery — "Nothing says 'America' like an ice-cold can of mass-produced beer," scoffed USA Today — pointing out that this somewhat cynical patriot play is a product of Anheuser-Busch InBev, the world's largest brewer, based in Belgium.

But when it comes to cheap pandering with ice-cold cans of mass-produced beer, Canada is way ahead. Molson has been calling its flagship lager Canadian since 1959, and not just in the summertime. And its marketing has long been just as proudly jingoistic as those "America" bottles decorated with lyrics from the Star Spangled Banner.

Remember the "I Am Canadian" campaign? The current slogan, "Made from Canada," is comparatively subtle.

Now, with the two brands aligned in time for both Canada Day and Independence Day, I picked up a six-pack of America in Buffalo, a six-pack of Canadian here in Toronto, and brought them in to the Torstar studio for the ultimate cross-border beer battle.

Members of our taste panel were served both brews in unmarked plastic cups, and had to pick a preference.

They were highly divided, proving that taste in mass-market lager is a matter of personal preference, not geography.

I didn't blindfold myself before tasting the two beers, but I expected to prefer Bud — probably due to the memory of too many past events at which I resentfully drank Canadian by default, because there were no other options.

Still, to my surprise, I chose Canadian over America.

The latter is the ultimate cliche of an American beer: all fizz, no flavour, but a cold one will do its job on a hot day. Canadian has just enough flavour — not good flavour necessarily, but flavour nonetheless — to keep it interesting. I like the Molson better, but Bud is easier to guzzle.

In any case, it doesn't matter what beer I, or anyone else in our taste panel, choose.

The battle has already been won.

Canadian isn't the most popular beer in Canada, nor is any other beer brewed by Molson, nor Labatt for that matter. What is Canada's No. 1 selling beer? That would be Budweiser, otherwise known as America.

LIQUID ASSETS

Drink Canadian this July 1

Peter Rockwell
For Metro Canada

With respect to those booze makers who were crafty before it was cool, on the eve of our 149th birthday it has never been a better time to drink Canadian.

No matter your tipple, thanks to an unprecedented population explosion of Canuck wineries, distilleries, breweries and cideries, someone somewhere across our country has got you covered. I'm not talking subpar liquid thrown together to take advantage of the "love local" movement, our output is world class.

By definition craft equals small production so scoring a bottle of Nova Scotia-made gin won't be in the cards for all Canadians.

No worries, support what's made in your own backyard this July 1st.

For a bottle of wine with a wide distribution fill your glass with the barbecue-friendly 2014 Raven Wicked White VQA ($14.95-$16.99) by Ontario's Andrew Peller. Fresh and fruit-forward its blend of citrus and spice will make a fine marriage with hamburgers and hotdogs no matter the toppings.

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Campfire cooking goes gourmet

These recipes are simple, but are guaranteed to impress

Campfire cooking doesn't have to be simple. TORSTAR NEWS SERVICE

Nothing's wrong with hot dogs and s'mores when camping but if you're able to drive up to the campsite, bring along a portable camp grill, a cast-iron skillet and some more luxe ingredients in the cooler, you can make a more complex feast.

Still, we know the last thing anyone wants is to make a complicated dinner after a long day of hiking.

We kept this quasi-glamping meal simple, with few ingredients.

And we kept cooking times under 15 minutes since getting the fire going is a whole other process.

Pack the cooler with frozen water bottles and juice boxes to serve as ice packs you can drink later.

Also, keep a separate cooler of snacks and drinks so you're not always digging through the cooler of meat and letting the cold air out.

Happy trails!

Caramelized Pineapple Skewers

Keep any leftovers of this warm, spicy dessert to top oatmeal or cereal the next morning. If using wooden skewers, soak them overnight in water so they don't burn.

Makes 4 servings.
Ingredients:
- 1 pineapple, peeled, cored and cut into large chunks
- 1 tbsp (15 mL) brown sugar
- 1 tsp (5 mL) Chinese five spice powder or ground cinnamon

Directions:
1. In a large bowl, combine pineapple chunks, brown sugar and spice until well mixed. Store in a resealable plastic bag in fridge or cooler until ready to cook.

2. To cook, place pineapples on skewers. Cook over a hot grill until pineapple becomes golden brown, flipping every 3 to 5 minutes. Serve immediately.

3. Main text from first paragraph main text from first paragraph

Charred Cauliflower Steaks

Opt for heartier vegetables like cauliflower that won't easily wilt or bruise in a backpack or tightly packed cooler. Ghee, clarified butter used in Indian cooking, needs no refrigeration so it can easily be transported to camp to brush vegetables, meat, or bread over the fire.

Makes 4 servings.
Ingredients:
- 1 large head cauliflower
- 2 tbsp (30 mL) ghee
- 1 tbsp (15 mL) any barbecue rub or turmeric
- Salt and pepper, to taste

Directions:
1. Remove leaves and slice cauliflower down the middle. Rub with ghee and spice rub until evenly coated. Season with salt and pepper, to taste. Store in resealable plastic bag in fridge or cooler until ready to cook.

2. To cook, place pineapples on skewers. Cook over a hot grill until pineapple becomes golden brown, flipping every 3 to 5 minutes. Serve immediately.

Polenta Beef Sliders

Tubes of ready-made polenta are a camper's favourite — they're compact, cheap and need no refrigeration. Slice them up and simply grill them to eat on their own, or use as slider buns.

Makes 12 patties

Ingredients:
- 1 lb (450 g) lean ground beef
- 1/2 tsp (2 mL) salt
- 1/2 tsp (2 mL) black pepper
- 1 tsp (5 mL) Italian seasoning

Directions:
1. In a bowl mix together beef, salt, pepper and Italian seasoning. Form into 2 oz balls (about 1/4 cup) and flatten into 1/2-inch patties. Wrap patties individually in plastic wrap and refrigerate until ready to cook.

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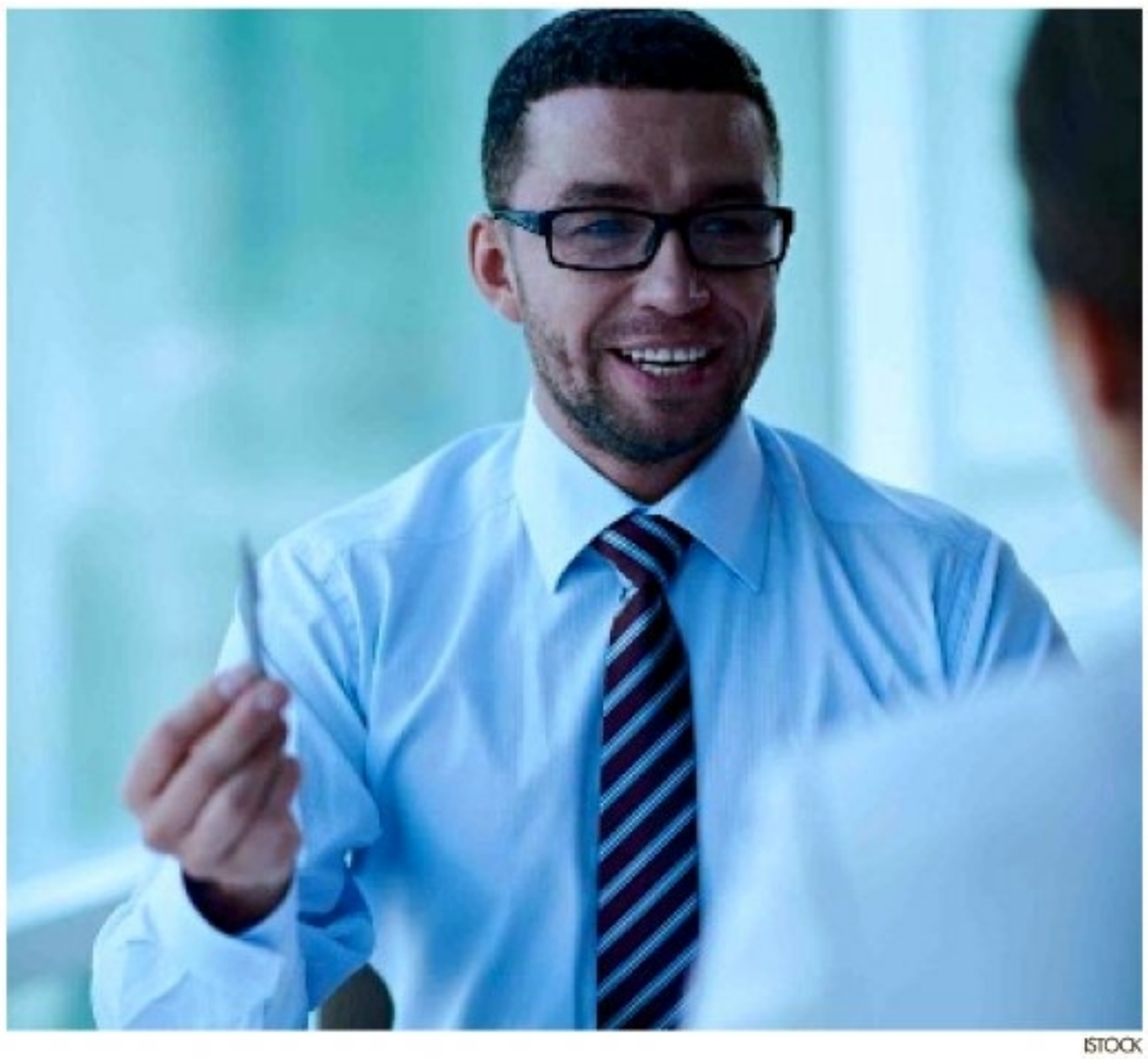
CAREER GUIDE

Get into the mindset before the interview



ISTOCK

Applying for jobs can be daunting, but getting that call to come in for an interview can sometimes feel equally as overwhelming.

There are many ways, however, to ensure you are confident before you sit down in front of a potential employer, says one expert.

"The first thing is mindset," says Rachel Newton, a registered therapeutic counsellor who provides career counselling at Life Career Studio. "A lot of people get anxious by thinking the employer has all the power. But if you have the attitude that the interview will be more of a discussion, that can be empowering. The second thing is, be clear about your objective for the interview and the message you want to get across."

To do this, Newton suggests starting interview prep by researching the companies as you send out applications.

So, by the time you get the call, you have the foundational knowledge and can focus on potential interview questions and more in-depth research about the person who will be interviewing you.

As part of the pre-interview-call prep, Newton also suggests having copies of your resumé, cover letter and each application printed out and filed away so that you aren't scrambling when you get the call.

"Once you get the call, practice out loud, which makes a difference," she says. "Find whatever rehearsal method you are comfortable with, either using a person or practicing in front of a mirror, and rehearse as much as you can. There are also lots of YouTube interview videos so you can see people in action."

Writing out some questions you may have for the interviewer that you can slip in during the interview or at the end is also helpful, as is making a cheat sheet if you are a person who tends to blank under pressure, says Newton.

"There is nothing wrong with having neatly typed notes in a folder to refer to if you get really nervous," she says. "Keep in mind an emergency phrase in case you blank out such as, 'That's a really good question and I would like to think about it.' That will give you a chance to take some breaths and calm down."

Companies are flocking to British Columbia, and not just for the beautiful scenery. Thousands of them are on the hunt for candidates in the lower mainland looking for new recruits.

At the same time, for the job hunter, great opportunities can be missed when your only method of looking for a career involves scanning through hundreds of pages online.

So how do we bridge the two? With a bi-weekly Career Guide, which will offer up information on positions available, recruitment companies and ways to improve your resumé to find your dream job.

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ISTOCK

Do you have the in-demand skills?

Just like there are in-demand careers that are determined by labour market conditions, there are also in-demand career skills that employment seekers must be aware of, says one career counselling expert.

"It's important to distinguish if you are referring to hard or soft skills when talking about in-demand skills," says Sylvia Metz, business manager of WorkBC Employment Services Centre at the Vancouver City Centre location, which offers employment seekers and employers various free resources. "Many soft skills are overarching but hard skills are dependent on the job and industry."

Metz says that while essential soft skills haven't changed much in the 20 years she has worked in the employment industry, hard skills have. There are several ways, she says, to keep up with what your industry is looking for when it comes to hard skills.

"You can review employment ads to check for commonalities, read economic resources and generally stay abreast of what is happening in your area of interest," says Metz. "At WorkBC Centres, we also encourage job seekers to conduct informational interviews with organizations they are interested in working for. This is critical before you spend money on a program to train or retrain."

There is also an exception to the idea that in-demand hard skills are industry-specific and that's having technological knowledge, says Metz. As all industries continue to employ technology, she says, the ability to operate a computer will only continue to increase in demand as well.

And while people tend to focus on the hard skills when they are looking at job specifications, it is the soft skill requirements, says Metz, that will determine whether a candidate is a good cultural fit for a position.

"Employers are always looking for people who can communicate, collaborate, think critically, problem solve and have a good attitude," she says. "Part of knowing if you have those skills is to put yourself in situations where you are going to get feedback. The ability to take feedback, reflect and understand that it may be challenging but not impossible to develop soft skills is essential."

It's also important to remember there are resources available for employment seekers, such as WorkBC, which is operated by Family Services of Greater Vancouver, and funded by the federal and provincial governments, that can offer professional insight.

"We work closely with employers at all levels to determine what their in-demand skills are," says Metz. "There is help out there for those who need it."

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Reinventing the 9-5 with a people-first culture

iQmetrix, a Vancouver-based software company, is not only innovating retail solutions — it is also re-imagining the corporate environment with its people-first approach that focuses on creating engaging employee experiences.

"We look for people who support our core values: speed and agility, lifestyle, innovation, character, community and environment," says Krystal Ho, iQmetrix's manager of corporate relations, who has been with the company four years. "We are always looking for smart people and will even create a job for someone who is an awesome cultural fit."

Founded in 1999 and privately owned, iQmetrix's products bridge the gap between physical and online retail channels, offering the latest in retail management and customer experience technology.

Ho says the company was launched on the belief that people should love where they work. It's a philosophy that has won iQmetrix numerous industry accolades — including making the PROFIT 500 list of Canada's Fastest Growing Companies and being ranked in the Top 50 Small and Medium Employers in Canada, both for more than five years straight.

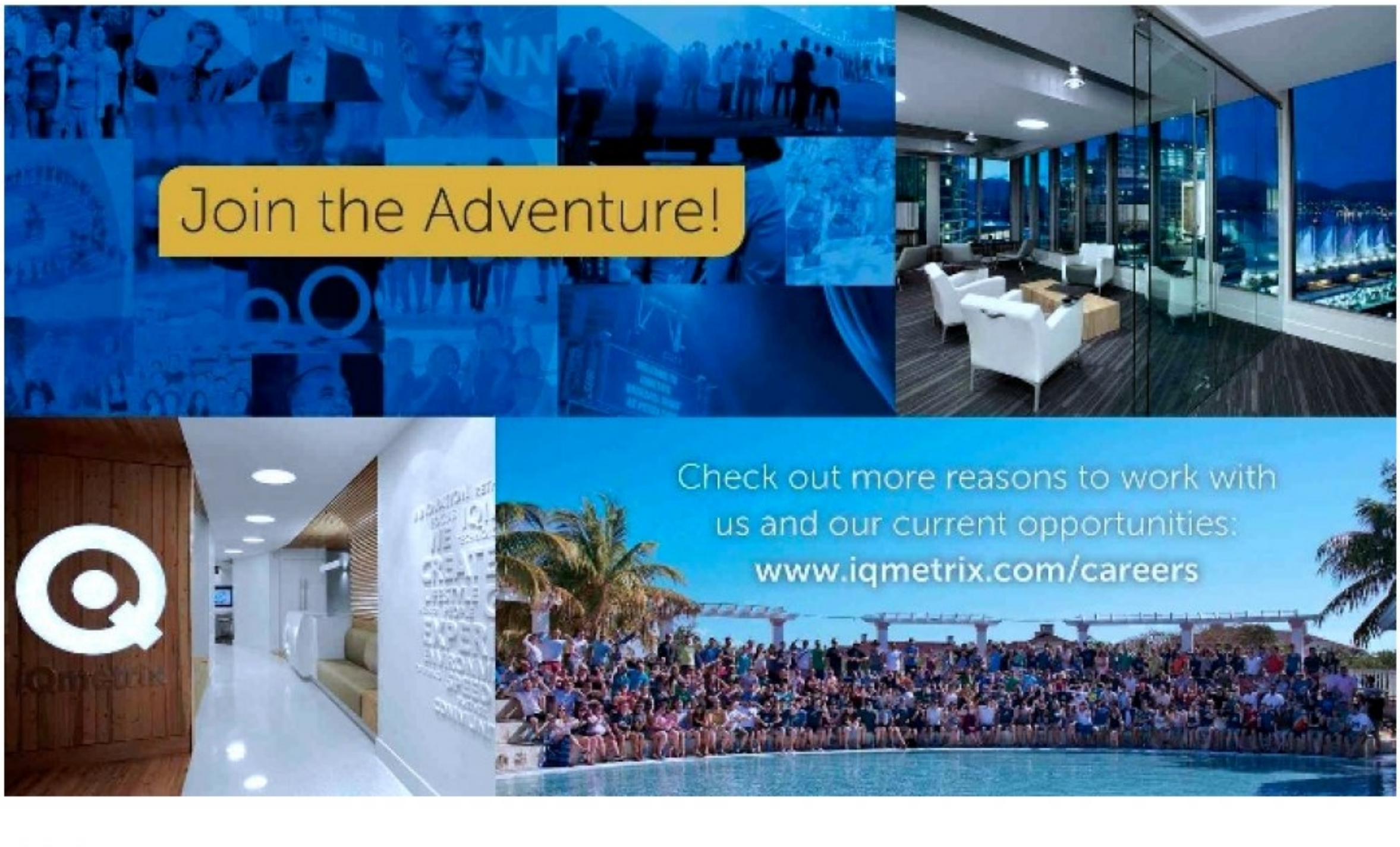
"Not only are we working on innovative products but we strive to create an environment that is great to work in" says Ho. "The benefits we offer our employees are above the industry norm and we are continually reevaluating to make them even better."

Think, she says, a no-dress code policy, open space concepts that allow for collaboration with fridges fully stocked with organic fruits and drinks, a RSP matching program, a passion for philanthropy that sees iQmetrix taking on various causes, trusted sick days, flexible hours, fitness classes, special interest clubs to suit all types and even a yearly, all-expense-paid company trip.

"Everything we do is to create great experiences," Ho says. "So, for the yearly trip all you have to do is be working here a year and if you haven't, we offer subsidized rates. Last year, we took 400 people to Cuba and the year before that we went to Nicaragua, where we helped to build three classrooms and got running water to 200 homes."

iQmetrix is currently hiring for various positions, including a chief technology officer. For more information, visit iqmetrix.com/careers.

Kyrstal Ho in the iQmetrix lounge area. CONTRIBUTED



SAP LABS CANADA: BE PART OF A GREAT TEAM

CONTRIBUTED

You may not know SAP by name, but you've likely been impacted by their software, even if you don't know it.

And with the company hiring aggressively, it's a great time to be part of an employee focused company that makes an impact both socially and economically.

"You may not have heard of SAP, but we are the place you really want to work," says Kirsten Sutton, vice president and managing director, SAP Labs Canada. "The benefit of working with a large company is that you create products with a global reach and the sky is the limit for your career trajectory."

SAP is one of the world's largest enterprise software companies with 310,000 customers worldwide.

It is present in over 180 countries and currently employs 1,200 in its downtown Vancouver office. It is British Columbia's largest software employer and it's continuing to grow.

"SAP has a very large mission — we make software that helps businesses run better and improve people's lives," Sutton says.

SAP Vancouver has hired more than 100 people in full-time roles and internships since the beginning of 2016 and is looking to hire another 75 by the end of year.

"Vancouver is a technology hub, even if it's not yet recognized as such globally," she says. "We know how special this region is and are committed to growing here."

In addition to its unrivaled natural beauty, Sutton said that various levels of government have contributing to making Vancouver such an attractive area to work.

"Definitely this is one of the most beautiful cities in the world," she says. "People choose to live in Vancouver and want to grow their careers here. They, like us, are fiercely loyal to the city."

SAP is also committed to the community and its employees, offering a variety of benefits, an exciting work environment, growth potential, and opportunities to support its commitments to corporate social responsibility. There are also employee engagement teams: green, wellness, pride, social committee, intern committee, Toastmasters, and the business women's network, for example.

For more information, visit sap.com/careers.

Reinvesting in a home in the heart of Vancouver

The heart of Vancouver is at the heart of SAP Labs Canada. So it's no surprise that the company decided to reinvest in its British Columbia home to the tune of an $11-million renovation.

And that represents just the tip of the exciting options that SAP's location offers its employees.

"We're in downtown Vancouver and in the prime location in the city. We've been in this building since 2000. Our lease was up and we had to make a decision," says Kirsten Sutton, vice president and managing director, SAP Labs Canada.

"We looked around, but it didn't take us long to realize that we definitely wanted to stay in this location and remain part of the fabric of Yaletown."

Changes in style and employees' needs also informed the renovation.

"Fourteen years had gone by since we moved in and it needed a spruce up," Sutton says. "We had three main goals: brighten the space with natural light, create a variety of workspaces that encourage collaboration, and design an environment that is engaging to work in and easy to find your way.

The location also plays a role in some of the employees' benefits, she adds. With the renovation of its location, the company decided it wasn't going to put in a cafeteria. After all, with 75 restaurants within walking distance, there are already lots of options.

"We've created a one-of-a-kind food benefit where employees get a gift card loaded with money every quarter that they can use to eat at 52 local restaurants," she says. "Now, Yaletown is our cafeteria."

CONTRIBUTED

CONTRIBUTED

The building features amenities like a life-sized chess board, billiards table, foosball tables, a patio with fruit, vegetable, and herb gardens, an in-house market, on-site wellness services including massage therapy, a nutritionist, chiropractic care, and a 24/7 gym.

"There is nobody who would say that taking a break with a cold-pressed juice or going to a one-hour high impact aerobics class halts productivity," Sutton says. "It's not meant to feel like home, but it needs to be more than just work."

AMENITIES AND BENEFITS

SAP is proud of the amenities and benefits it offers employees, including:

- *24/7 gym*
- *Treatment room with massage therapist, chiropractor, nutritionist and more*
- *Nap room*
- *Nursing mothers room*
- *Lunch on Us food program*
- *Transit benefits*
- *Bikes for rent*
- *Developers workshop*
- *Outdoor patio with BBQ*
- *Employee engagement teams*
- *Family-focused events*

CONTRIBUTED

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metro WHEELS
Your essential daily news

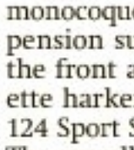
KTM X-Bow to hit Canadian streets in 2017

New Spider a fun and worthy rival

ALL PHOTOS HANDOUT

REVIEW

Runs on same platform as MX-5 Miata



Dan Ilika
For Metro Canada

If the Mazda MX-5 Miata taught us anything, it's that fun cars don't have to be expensive, complicated or unreliable.

Tired of its roadsters being remembered as little more than relics of bygone days, Fiat is ready to take another shot at droptop dominance with the 2017 Fiat 124 Spider. And in the ultimate if-you-can't-beat-'em-join-'em fashion, the 124 Spider is based on the very car it hopes to challenge in the sales race.

Three and a half years were spent designing and refining what brand executives hope will become a true halo car for Fiat, and it shows. The 124 Spider may ride on the same architecture as the fourth-generation Miata, but every bit of bodywork and drivetrain has been swapped out to help set it apart from its platform mate.

This new Fiat is made from a monocoque unibody with suspension subframes bolted to the front and rear. Its silhouette harkens back to the Fiat 124 Sport Spider of the 1960s. The overall design, too, follows the course mapped out some 50 years ago, with classic looks that are reserved. If you're looking for a companion for those new perforated leather driving gloves, the 124 Spider would be it.

Regardless of trim — the 124 Spider is available in base Classica, Lusso and Abarth — all cars come with a 1.4-litre MultiAir turbo four-cylinder under the hood. Yes, this powerplant sports forced induction, but no, it's not exactly the turbocharged Miata fanboys and fangirls have been asking for.

With 160 horsepower, it does make more power than the Miata's 2.0-litre, but not enough to wow the diehards. That's particularly the case when considering that the engine is virtually a direct transplant from the likes of the Dodge Dart and Fiat 500L.

But don't let that disheartening fact ruin your 124 experience, because the engine feels completely different in the roadster than in the crossover.

The standard transmission is, well, a standard transmission; a six-speed manual, to be exact. It's a different gearbox than the one found in the MX-5, and boasts short throws and a friendly clutch. Low gears are a touch on the short side, but it makes a nice companion to the 1.4-litre when you feel like banging through the gears.

So if the MX-5 Miata is the standard by which all roadsters are now measured, where does that leave this new Fiat? Well, off to a good start.

Everything that makes the Miata so lovable — its light weight, great balance and near-impeccable handling — carry over nicely to the Fiat, making it a viable alternative to a car that has dominated the segment for close to 30 years.

THE CHECKLIST | 2017 FIAT 124 SPIDER

THE BASICS

Engine: 1.4L turbocharged 4-cylinder
Power: 160 horsepower
Transmission: Six-speed manual or six-speed automatic
Fuel Economy (L/100 km): Nine city, 6.7 hwy (manual)
Price: Starts at $33,495 (before freight)

LOVE IT

- Shared platform with Mazda MX-5 Miata
- Near-perfect weight balance
- Impressive suspension and handling

LEAVE IT

- Lack of headroom
- Lack of sport mode on automatic

M6 GT3

BMW offers first glimpse of art cars

John Baldessari and Cao Fei are behind BMW's 19th and 18th art cars, respectively. HANDOUT

Stephen Elmer
AutoGuide.com

BMW has released details and two photos that offer us a glimpse at what its upcoming art cars will be all about.

Two different artists are creating these cars; Cao Fei of China will put together the 18th BMW art car while American John Baldessari will create the 19th.

Both will start with a BMW M6 GT3 as their canvas, though both are taking different approaches to the process.

Fei says that her main theme will be "a landscape of no man's land," referencing self-driving cars and virtual reality.

"I expect to transcend the current context of 'cars' and to embrace new possible ways of expressions. To me, that not only includes the artist, but also the public," said Cao Fei.

Baldessari approached the car with his signature style of placing brightly coloured dots around an object.

IN BRIEF

The Next BMW 3 series to be built in Mexico

ISTOCK

Soon, one of BMW's most iconic vehicles will be built in Mexico.

BMW has announced the start of construction on a new manufacturing plant in San Luis Potosí, Mexico where the 3 Series Sedan will be built in the future. Production of the car is scheduled to begin in 2019, with annual production pegged at 150,00 units.

It will be a full plant complete with a body shop, paint shop and assembly line. The plant will also be BMW's most resource-efficient production location thanks to solar panels and a focus on water conservation.

STEPHEN ELMER/FOR METRO

ROLLS-ROYCE

Future looks outrageous

Stephen Elmer
AutoGuide.com

Besides being able to drive itself, the Rolls-Royce concept has virtual intelligence. HANDOUT

The Rolls-Royce brand has imagined what its lineup of ultra-luxury vehicles will look like over the next 100 years.

It has rolled out the VISION NEXT 100 concept, trying to answer some key questions, like what is the future of luxury and how will Rolls-Royce fit into that framework.

Customization will be a large part of its future, like it is today, with Rolls-Royce saying that its future customers will be able to commission their cars as genuine one-off creations.

While details are scarce, Rolls-Royce says that the concept is built on a lightweight platform that uses an all-electric drivetrain for power. Composite materials and advances in production will also allow new "creative possibilities" for Rolls-Royce.

Inside, this concept features Macassar wood, hand-twisted silk carpet and soft silk upholstery, while plenty of sunlight is let in through a massive panorama window. Since it is fully autonomous, the steering wheel and instruments have been replaced with a large central timepiece.

Besides being able to drive itself, the Rolls-Royce concept has virtual intelligence that will be able to fulfill all of the passenger's needs. It appears as a digital representation of the Spirit of Ecstasy, Rolls' famous hood ornament, and is named Eleanor Thornton, after the model who inspired the famous logo.

Eleanor will work to learn everything about its passengers, including their favourite restaurants, routes and even art. Using voice interaction, she will work to tailor every drive to its passengers' needs.

And to make sure that every arrival is a grand arrival, a red carpet will be projected onto the ground every time someone is getting out of the car.

"With the Rolls-Royce VISION NEXT 100 we were very mindful not to dwell on the past. We wanted to be as innovative as possible and at the same time transcend the design history of the marque," said Giles Taylor, design director of Rolls-Royce Motor Cars.

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For your chance to win an admit two pass to the July 6th advance screening, go to:
metro Wonderlist.ca

No purchase necessary. One entry per person, per day. Contest open to residents of Vancouver, BC, Edmonton, AB, Calgary, AB, Winnipeg, MB, Ottawa, ON, who have attained the provincial age of majority at the start of the Contest Period. Odds of winning depend on the number of eligible entries received. Ten (10) prizes are available to be won per market each with an ARV of $25 CDN. Each selected entrant must correctly answer, unaided, a mathematical skill-testing question to be declared a winner. Contest Period opens at 12:01 am ET on June 27, 2016 and closes at 11:59 pm ET on July 3, 2016. To enter and for complete contest rules visit www.wonderlist.ca

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Volkswagen

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metro SPORTS

The Canadian women's rugby sevens 2016 Olympic team has been drawn into a group with Britain, host Brazil and Japan

Serena tries silence while chasing history

WIMBLEDON

Champion says she puts Graf's record out of mind

Leave all the chatter about Serena Williams' pursuit of her 22nd major singles trophy to others.

Williams and her coach, Patrick Mouratoglou, do not discuss that number.

"We don't talk about it at all. Zero," Mouratoglou said Tuesday at Wimbledon after watching Williams win her first-round match.

Why is that?

"Because there is nothing to talk about. We have a Grand Slam (title) to win, and that's what's most important. We don't talk about the reward," he said. "We talk about the work we have to do."

That is going to include some extra time spent fine-tuning the top-seeded Williams' serve after she delivered five double-faults, including three in one game, and faced five break points during an uneven 6-2, 6-4 victory over Amra Sadikovic, a Swiss qualifier ranked 148th and making her Grand Slam debut.

"It's very rare that everything works perfectly the first round. It's one of the things that were not good today, so we're going to work on it," Mouratoglou said. "But it's not a big deal. I don't think it's a big deal."

It didn't take long for the first rain of this year's tournament, which cut short action in the early evening and limited play to the main stadium, the only venue with a roof at the All England Club. In all, 14 matches were suspended in progress and 17 were postponed altogether.

> **There's nothing ... mentally too hard for me.**
> Serena Williams

Serena Williams won her Wimbledon opener Tuesday. GETTY IMAGES

Since earning her sixth Wimbledon championship and 21st Grand Slam title a year ago, Williams has gone 18-3 at majors, with the losses coming in the U.S. Open semi-finals, the Australian Open final and the French Open final.

That led some to surmise that Williams has been beset by nerves as she seeks No. 22, which would equal Steffi Graf's Open-era record (Margaret Court holds the all-time mark of 24).

Williams dismissed the notion of a mental stumbling block.

"I think more or less about winning Australia. I think about winning the French Open. Didn't happen. I think about winning Wimbledon," she said. "I don't necessarily think about winning '22.'"

Then, in what sounded like a reference to various health issues that have put her in the hospital and kept her off the tour for months — blood clots on her lungs in 2010, for example — Williams continued: "Mentally I've been further down than anyone can be. Well, maybe not anyone, but I've been pretty low. There's nothing ... mentally too hard for me."

With her mother sitting in Centre Court's Royal Box, Williams trailed 15-40 in Tuesday's opening game, then won 13 consecutive points and grabbed a 3-0 lead. In the second set, Williams made four unforced errors in one game to get broken and fall behind 2-1. But she broke right back. THE ASSOCIATED PRESS

RAIN DELAYS

It didn't take long for the first rain of this year's tournament, which cut short action in the early evening and limited play to the main stadium, the only venue with a roof at the All England Club. In all, 14 matches were suspended in progress and 17 were postponed altogether.

Of the matches that did conclude, zero seeded players lost.

Toronto FC's Sebastian Giovinco falls to the ground as he takes on a cluster of Whitecaps in Toronto on June 21. CHRIS YOUNG/THE CANADIAN PRESS

SOCCER

Caps face uphill climb against TFC

The Vancouver Whitecaps are confident they can dig themselves out of another hole.

The Whitecaps face Toronto FC on Wednesday night at BC Place with the Voyageurs Cup on the line. Vancouver lost the opening leg of the two-game aggregate Amway Canadian Championship final to their Major League Soccer rival 1-0 in Toronto last week.

Vancouver found itself in a similar position when it lost the first game of the semifinal 2-0 on the road to the NASL's Ottawa Fury. The Whitecaps demolished the Fury 3-0 at home to win the series 3-2 and earn the right to defend the Canadian championship they won last year.

KEEPER DOWN
Toronto will be without goalkeeper Clint Irwin, who was injured in a 3-2 loss in Orlando Saturday.

The Whitecaps won't need as many goals to defeat Toronto as they did Ottawa, but they are also playing a much more talented team than the Fury. Vancouver must harness a sense of offensive desperation with the patience to prevent Toronto from scoring an away goal.

"They probably have a bit more quality to punish us if we make mistakes," Whitecaps' midfielder Andrew Jacobson said prior to a training session this week.

"We don't have to score in the first 10 minutes. We don't have to be crazy. If they start hitting us on the counter, and start scoring goals, we're in trouble." THE CANADIAN PRESS

NCAA BASKETBALL

Winningest coach in D1 history dies

Pat Summitt, the winningest coach in Division I college basketball history who uplifted the women's game from obscurity to national prominence during her 38-year career at Tennessee, died Tuesday morning. She was 64.

With an icy glare on the sidelines, Summitt led the Lady Vols to eight national championships and prominence on a campus steeped in the traditions of the football-rich south until she retired in 2012.

Tennessee won NCAA titles in 1987, 1989, 1991, 1996-98 and 2007-08. Summitt had a career record of 1,098-208 in 38 seasons, plus 18 NCAA Final Four appearances.

Pat Summitt GETTY IMAGES FILE

She announced in 2011 at age 59 that she'd been diagnosed with early-onset dementia. THE ASSOCIATED PRESS

NFL IN BRIEF

Baldwin and Seahawks share 2020 vision

The Seattle Seahawks and wide receiver Doug Baldwin have agreed to a four-year contract extension that runs through the 2020 season.

The team confirmed the agreement on Tuesday, first reported by KIRO-AM in Seattle.

Baldwin is coming off a career season, tying for the NFL lead in touchdown receptions (14) and setting career highs in TDs, receptions and yards receiving. THE ASSOCIATED PRESS

Football's defensive genius Buddy Ryan dead at 85

Buddy Ryan, the pugnacious coach who masterminded two fierce defences that won Super Bowl titles and whose twin sons have been successful NFL coaches, died Tuesday. He was 85.

His death was confirmed by the Buffalo Bills, where Rex Ryan is the head coach and Rob Ryan an assistant. James Solano, Buddy Ryan's agent, said he died in Kentucky but did not give a cause. THE ASSOCIATED PRESS

NHL

Benning's tampering nets Nucks $50K fine

The Vancouver Canucks will pay for general manager Jim Benning's candid comments.

The club was fined $50,000 US by the NHL on Tuesday afternoon for tampering.

Benning mentioned the Canucks' interest in Montreal defenceman P.K. Subban and Tampa Bay captain Steven Stamkos while being interviewed Thursday by a Vancouver radio station ahead of the NHL draft in Buffalo. THE CANADIAN PRESS

> **I have spoken personally to the NHL and the general managers involved to apologize and I accept the league's ruling.**
> Jim Benning

RECIPE Turkey Lettuce Wraps

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

These lettuce wraps are a light spin on dinner and receive a monster hit of flavor thanks to ginger, garlic and Sriracha.

Ready in
Prep time: 10 minutes
Cook time: 10 minutes

Ingredients
- 1 lb (450 g) ground turkey
- 1 Tbsp (15 ml) of vegetable oil
- 1 red pepper, diced
- 1/2 cup (125 ml) water chestnuts, diced
- 2 scallions, chopped
- 1 clove of garlic, minced
- 1 tsp (5 ml) ginger, minced
- 1 Tbsp (15 ml) rice vinegar
- 1 Tbsp (15 ml) soy sauce
- 1 Tbsp (15 ml) Sriracha
- 1 head of Boston or bibb lettuce
- small handful of cilantro, chopped
- small handful of unsalted cashews, chopped

Directions

1. Warm the oil in a large skillet over medium heat. Add the turkey and break it up with a spoon as it browns until almost cooked through.

2. Add the peppers, garlic and ginger and keep pushing everything around until it smells amazing and the vegetables begin to soften. Pour in the vinegar, soy and Sriracha, along with the water chestnuts and give it all a stir.

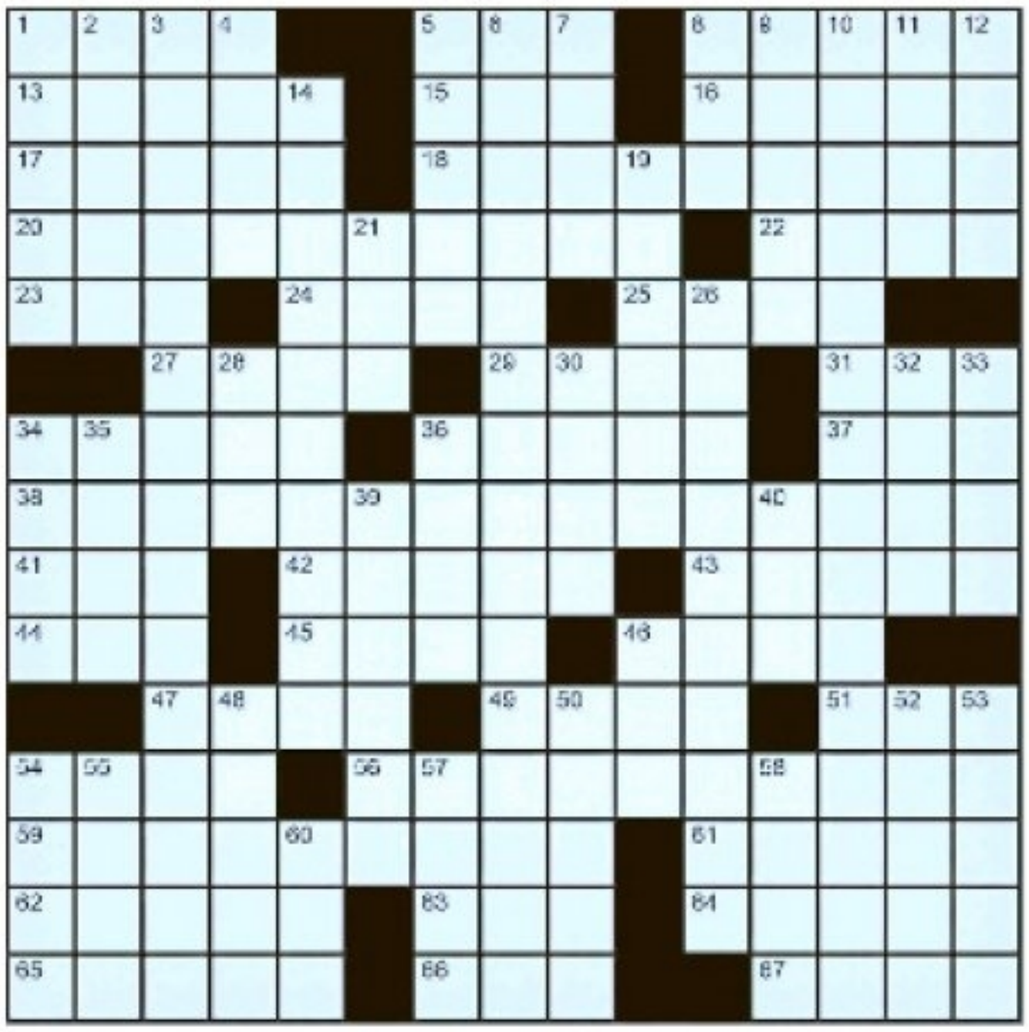
3. Check that the turkey has cooked through. Put the mixture in a serving bowl.

4. Place the meat, whole lettuce leaves, chopped cilantro and nuts on the table and let everyone assemble their lettuce wraps.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Skin 'vent'
5. Afternoon time
8. Model/actress Kate
13. Time and __ (Extra hours pay)
15. Crude
16. Shoe material
17. __ Sergeant
18. Measure that ingredient by sight: 2 wds.
20. Canadian finance magazine/website
22. Contact __ (Vision corrector)
23. Disney-owned network
24. Church's vaulted area
25. Recipe amt.
27. Morns followers
29. 'Thin Man' pooch
31. Letters-for-a-Royal
34. Many times
36. Daggers
37. Goose, in Montreal
38. Alfred Sung's profession: 2 wds.
41. Monk's title
42. Comprehend
43. Heart, in Hull
44. Jack, to Ozzy
45. Lofty
46. Lay ___ thick (Be melodramatic)
47. "What can I ___ fix things?" (Is this repairable?)
49. Acronymed-spot in a Beatles song
51. Aunt's li'l hubby
54. Robert __ (George Gershwin portrayer in film)
56. Shawn Mendes/Camila Cabello duet: "I Know What You Did ___"
59. Ted's sweetheart on "The Mary Tyler Moore Show"
61. Verboten
62. Aqua __ (Gold-dissolving mixture)
63. Increase, with Up
64. 'Laughing' animal
65. PGA, et al.
66. Choler
67. Industrial city in Russia

DOWN
1. Celebrity chef Ms. Lakshmi
2. "__, __!" (Laura Petrie's catchphrase on "The Dick Van Dyke Show")
3. Really 'purr' outside, it's noisy when it hits the house's 'woof': 4 wds.
4. She, in Sherbrooke
5. Balsam Firs
6. Duo of classic Canadian comedy: 3 wds.
7. Has to pay up
8. Can. neighbour
9. Removes
10. In Toronto, one would start with 416...: 2 wds.
11. Norse deity
12. Butterfly banes
14. Chilliwack song that starts "Four men in a rock 'n' roll band...": 3 wds.
19. Ms. Midler's
21. 2008 VP candidate from Alaska ...her initials-sharers
26. Maxim or axiom: 2 wds.
28. "Blah!"
30. Permeate
32. Andre __ (Dutch violinist/conductor of PBS concert fame)
33. Berlin 'mister'
34. Switch settings sometimes
35. 'Yukon's Best Kept Secret' town
36. Hitch
39. Blue Jay's competitor in Baltimore
40. Guck
46. Magazine no.
48. Put one's ___ (Meddle)
50. Mr. McQueen
52. Bright city lights
53. Bullfrog's noise
54. Taj†Mahal's site
55. Horsley and Majors
57. The Bell of __ (Henry Wadsworth Longfellow poem)
58. Potato salad ingr.
60. Car's fill up

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Family discussions will be more important in the next two weeks. Very likely, they will focus on get-togethers, reunions and home repairs. "Let's fix up the place!"

Taurus April 21 - May 21
Today Mercury changes signs, which is why you will be more talkative in the next two weeks. You want to enlighten others. You have something to say!

Gemini May 22 - June 21
Financial matters will be on your mind in the next two weeks. Trust your ability to come up with excellent moneymaking ideas.

Cancer June 22 - July 23
Because Mercury will be in your sign for the next two weeks, you are eager to communicate with someone to maintain a friendly relationship. Enjoy reaching out.

Leo July 24 - Aug. 23
Behind-the-scenes research will go well for you in the next few weeks. Keep digging for whatever it is you are looking for, because you will find it.

Virgo Aug. 24 - Sept. 23
You will enjoy hanging out with younger people in the next few weeks. This is a good time to share your future goals to get someone's feedback.

Libra Sept. 24 - Oct. 23
Discussions with bosses, parents and VIPs will be important in the next two weeks. You have something to say; they are willing to listen.

Scorpio Oct. 24 - Nov. 22
It will be easy to study anything at school or for personal reasons in the next two weeks. Your mind wants to expand and learn whatever it can.

Sagittarius Nov. 23 - Dec. 21
Discussions about shared property, inheritances and insurance disputes will go well in the next two weeks. You've done your homework, and you feel informed.

Capricorn Dec. 22 - Jan. 20
The next two weeks are an excellent time to clarify issues or explain something to a close friend or partner. You want to have some intellectual stimulation with others.

Aquarius Jan. 21 - Feb. 19
You will excel at any kind of mental work in the next two weeks because you will pay attention to detail more than usual. Furthermore, you will set high standards for yourself.

Pisces
Feb. 20 - March 20
Expect to be in a more playful mood in the next two weeks. You want to have fun with others as well as play pranks. You also will enjoy reading and writing for pleasure.

CONCEPTIS SUDOKU by Dave Green

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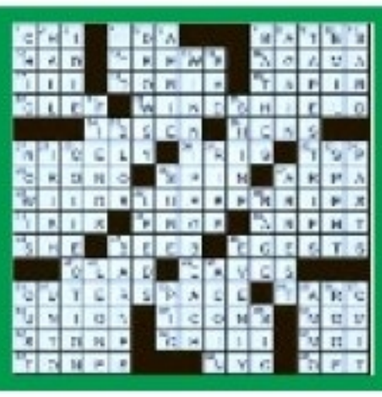
YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games



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Oh hey, you're looking for the legal, right? Take a look, here it is: Vehicle(s) may be shown with optional equipment. Dealer may sell or lease for less. Limited time offers. Offers only valid at participating dealers. Retail offers may be cancelled or changed at any time without notice. Dealer order or transfer may be required as inventory may vary by dealer. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. For factory orders, a customer may either take advantage of eligible rainchecklable Ford retail customer promotional incentives/offers available at the time of vehicle factory order or time of vehicle delivery, but not both or combinations thereof. Retail offers not combinable with any CPA/GPC or Daily Rental incentives, the Commercial Upfit Program or the Commercial Fleet Incentive Program (CFIP). *Until June 30, 2016, lease a new 2016 Focus SE Automatic Sedan or Hatch and get as low as 0.79% lease annual percentage rate (APR) financing for up to 60 months on approved credit (O&C) from Ford Credit. Not all buyers will qualify for the lowest APR payment. Lease this vehicle with a value of $19,386 (after $1,645 down payment and Ford Credit Red Carpet Lease Cash of $800 deducted, and including freight and air tax charges of $1,700) at 0.79% APR for up to 60 months with an optional buyout of $7,216, monthly payment is $212 (the sum of twelve (12) monthly payments divided by 26 periods gives payee a bi-weekly payment of $98), and total lease obligation is $14,365. Taxes payable on full amount of lease financing price after Ford Credit Red Carpet Lease Cash deducted. Additional payments required for PPSA, registration, security deposit, NSF fees (where applicable), excess wear and tear, and late fees. Lease offer excludes variable charges of license, fuel fill charge, insurance, dealer PDI (if applicable), registration, PPSA, administration fees and charges, any environmental charges or fees, and all applicable taxes. Some conditions and mileage restriction of 80,000km for 60 months applies. Excess kilometrage charges are 12¢ per km, plus applicable taxes. Excess kilometrage charges subject to change (except in Quebec), see your local dealer for details. All prices are based on Manufacturer's Suggested Retail Price. †Driver-assist features are supplemental and do not replace the driver's attention, judgment and need to control the vehicle. ±The Best Buy Seal and other licensed materials are registered certification marks and trademarks of Consumers Digest Communications, LLC, used under license. For award information, visit ConsumersDigest.com. ~Don't drive while distracted. Even with SYNC, only use phones/other devices when safe. ©2016 Sirius Canada Inc. "SiriusXM", the SiriusXM logo, channel names and logos are trademarks of SiriusXM Radio Inc. and are used under licence. ©2016 Ford Motor Company of Canada, Limited. All rights reserved.